

STAY ACTIVE AT THE UNIVERSITY OF WARSAW

**DISCOVER FREE AND PAID SPORTS
OPPORTUNITIES FOR STUDENTS**

Free Physical Education (PE) classes - Sports Centre (SWFiS)

As a University of Warsaw student, you can complete your PE semester by joining free classes offered by the **Sports Centre (SWFiS)**.

Location: ul. Banacha 2a, 02-097 Warsaw **Tel:** +48 22 55 40 851 www.wfisport.uw.edu.pl
Registration is done only via the USOSweb system using a dedicated token-based panel.

How to Find PE Classes?

If the registration is not currently open:

- Log in to your account in the usosweb.uw.edu.pl
- Click **"Directory"** in the top menu.
- Use filters in **"Course Search"**:
 - Search by course name
 - or by **code: type "4023"** to see all PE classes from previous semesters.

Popular Free Courses Include:

Body Shape, Swimming, Volleyball, Basketball, Football, Badminton, Judo, Rowing, Fitness, Pilates, Yoga, Climbing, Nordic Walking, Dance, Stretching, TRX®, Table Tennis, Aqua Fitness, Functional Training and more!

Courses for students with disabilities are also available: functional training, swimming, healthy spine and corrective exercises.

Extra activities:

University Dance Theatre "Warszawianka"

Location: 2c Banacha St., 02-097 Warsaw **Tel.:** +48 22 55 40 719

FB: www.facebook.com/WarszawiankaUW

Registration Rules

- Online registration only, on a first-come, first-served basis.
- You need 30 PE tokens to register (automatically assigned for required semesters).
- If you fail to unregister on time, 30 tokens are lost. Rebuying costs: 240 PLN.
- Participation starts from the first day of classes.
- If you require more PE tokens (optional classes), request them via the online form.

Paid PE-equivalent classes by AZS UW (University Sports Association)

Register via **USOSweb** just like regular PE classes. Courses are listed as “WF-equivalent,” but come with additional fees. Visit azs.uw.edu.pl or the AZS Office (56/66 Dobra St. BUW, room 162)

Tel: +48 22 55 20 453

Costs:

- Course fees differ by class and semester (see syllabi in **USOSweb**).
- Additional annual AZS membership fee required.
- Payment required if you lack PE tokens when registering.

Need help registering?

Step-by-step instructions, registration calendars and rules are available at: usosweb.uw.edu.pl

Go to the **NEWS** section and search for: “**token registration - registration rules**”.

Whether you're into fitness, team sports, swimming or something new—there's something for everyone. Push your limits, boost your talents with the University of Warsaw!

www.welcome.uw.edu.pl

**WELCOME
POINT**



POLISH NATIONAL AGENCY
FOR ACADEMIC EXCHANGE

WELCOME POINT

University of Warsaw
Main Campus

Krakowskie Przedmieście 26/28,
00-927 Warsaw, Poland

tel. (+48) 22 55 24 080

tel. (+48) 22 55 24 103

tel. (+48) 22 55 24 125

tel. (+48) 22 55 24 143

tel. (+48) 22 55 24 144

welcome@uw.edu.pl

OCHOTA CAMPUS

CeNT UW, Banacha 2c,
02-097 Warsaw, Poland

tel. (+48) 22 55 24 118

tel. (+48) 22 55 24 119

welcome@uw.edu.pl