

Regulations of the ‘Exams are coming – how to become an effective learner and get rid of necessary stress’ workshop at the University of Warsaw 2024

I. BENEFICIARIES

§ 1

The workshop is dedicated to international (non-Polish) students of the University of Warsaw:

- Students of Bachelor Studies (1st cycle studies)
- Students of Master Studies (2nd cycle and uniform Master Studies),
- Doctoral Students.

II. DURATION AND STRUCTURE

§ 2

- 1 The ‘Exams are coming’ workshop is a single stationary event that will take place on January, 11th, 2024, 9.30 am - 4.30 pm.

It includes 8 didactic hours of workshops covering the following topics:

- techniques for effective time management
- strategies for effective learning before exams
- strengthening creative search for solutions
- how to create a personalised action plan

III. ADMISSIONS

§ 3

1. Admissions will be held online through the Google Forms and will be available for each student meeting the criteria.
2. Information about the training will be published on UW websites and UW social media and delivered to potential candidates via e-mail.
3. Acceptance to the course will be determined by order of applications and justification for participation.
4. Candidates who will not manage to sign up for the course on time will be put on the reserve list.

A participant who resigns from the course later than 3 days before the commencement of the course, will not be allowed to take part in any other activity organized by the Welcome Point UW during the academic year 2023/2024.

IV. PAYMENT

§ 4

Participation in the “Exams are coming - how to become an effective learner and get rid of necessary stress” Workshop is free of charge.

The cost of the course will be covered by The University of Warsaw within the framework of “Welcome to Poland” programme, funded by NAWA – Polish National Agency for Academic Exchange.

V. CONDITIONS OF PARTICIPATION

§ 5

Participation in the ‘Exams are coming!’ workshop is possible upon registration for every student meeting the criteria listed in § 1.

As it is only one-day event there are no absences allowed.

Contact details

In all matters related to the workshop contact WELCOME POINT UW welcome.event@uw.edu.pl. Main Campus UW, Krakowskie Przedmieście 26/28, 00-927 Warsaw, Poland, tel. (+48) 22 55 24 080, (+48) 22 55 24 103; opening hours: Monday–Friday, 9:00am–4:30pm.

I hereby declare that I read and understood the “Exams are coming” workshop at the University of Warsaw 2024 and I will follow it unconditionally.

Signature of the participant, date